

Summer Holiday Project: Burgers

Take your time throughout the summer holiday and complete all of the tasks in order. You will need to present your findings AND what you have made on the first day back to school.

1) Look up and draw the logos of several well-known burger restaurants e.g. McDonalds, Wendy's, Five Guys etc.

Design your own burger restaurant logo.



2) Research and explain what carbohydrates, fats, proteins, minerals and calories are.

Create a nutritional fact table for your favourite type of burger?

Nutrition Facts	
per 3/4 cup (175 g)	
Amount	% Daily Value
Calories 260	
Fat 2.5 g	4%
Saturated 1.5 g	8%
Trans 0 g	
Cholesterol 10 mg	
Sodium 75 mg	3%
Carbohydrate 25 g	8%
Fibre 0 g	0%
Sugars 24 g	
Protein 5 g	
Vitamin A	2%
Vitamin C	0%
Calcium	20%
Iron	0%

3) Think about all of the different toppings you could have on a burger.

Make a list and add a strong adjective to go with each one

e.g. freshly-cut tomatoes, crispy, red onions, tangy tomato sauce etc.

4) Explore how your favourite burger is made e.g. pan-fried, grilled, oven-baked etc. What ingredients have been added?

Write a detailed set of instructions explaining how you could make this burger.



5) With an adult, have a go at following your instructions to make a burger.

Take some photos!



6) What side orders, sauces, drinks and deserts would you choose if ordering a burger from a restaurant? E.g. fries, banana milkshake, apple pie etc.

Use a range of materials to make a life-size model of your burger meal.

Ideas: Use clay, play dough, lego, paper-mache, card etc.

7) Research the history of the burger.

Create a fact file.

Where were they first made?

Who invented the hamburger? What was the first burger like? Where and when were the first burger restaurants opened? When were drive-thru restaurants first opened?

8) Find out some fun facts about burgers to share with your class.

Useful websites:

<https://wiki.kidzsearch.com/wiki/Hamburger>

<https://www.bbc.co.uk/teach/class-clips-video/english-ks1-ks2-how-to-write-instructions/zrvtscw>

<https://www.kidspot.com.au/things-to-do/activity-articles/make-paper-mache-glue/news-story/ceb59e78216f566a15b75932462f274c>

