

Allergens List

WEEK 3

Monday

| | | | | | | |
|----------------------------------|-------|------|----------------|------------|---------------------|----------------|
| Mediterranean Chicken Pasta Bake | | | | | | |
| Vegetable Mac and Cheese | Wheat | Milk | Lactose (milk) | Eggs | Other Celerey trace | |
| Jacket Potato | | | | | | |
| Cheese | Milk | | | | | |
| Chocolate Cake | Wheat | Eggs | Soya (flour) | Soya Other | Milk | Lactose (milk) |
| Chocolate Custard | Wheat | Eggs | Soya (flour) | Soya Other | | |
| Fruit | | | | | | |

Tuesday

| | | | | | | |
|-------------------------------------|--------------------------|------|----------------|--------------------------|--|--|
| Sausage Rolls | Wheat | Eggs | Milk | Lactose (Milk) | | |
| Vegan Sausage Rolls | Wheat | Eggs | Milk | Lactose (Milk) | | |
| Jacket Potato | | | | | | |
| Cheese | Milk | | | | | |
| Strawberry & White Chocolate Mousse | May contain Gluten Trace | Milk | Lactose (Milk) | Possible Trace Hazelnuts | | |
| Fruit | | | | | | |

Wednesday

| | | | | | | |
|-------------------|-------|------|----------------|----------------|---------------|-----------|
| Roast Beef | | | | | | |
| Vegetable Pie | Wheat | Eggs | Milk | Lactose (Milk) | | |
| Gravy | Eggs | Milk | Lactose (Milk) | Mustard Flour | Other Mustard | Sulphites |
| Yorkshire Pudding | Wheat | Eggs | Milk | Lactose (Milk) | | |
| Jacket Potato | | | | | | |
| Cheese | Milk | | | | | |
| Cornflake Tart | Wheat | Eggs | Milk | Lactose (Milk) | | |
| Fruit | | | | | | |

Thursday

| | | | | | | |
|----------------|-------|------|----------------|---------------------------------|----------------|--|
| Chicken Burger | Wheat | Milk | Lactose (Milk) | | | |
| Bean Burger | Wheat | Milk | Lactose (Milk) | Possible Trace of other mustard | Sulphites | |
| Jacket Potato | | | | | | |
| Cheese | Milk | | | | | |
| Iced Buns | Wheat | Eggs | Icing Sugar | Milk | Lactose (Milk) | |
| Fruit | | | | | | |

Friday

| | | | | | | |
|-----------------------|-------|----------------|------|----------------|------------------------|---|
| Fish Finger Wrap | Wheat | Fish | Milk | Lactose (Milk) | May contain trace nuts | May Contain Trace of Mustard and Sesame |
| Battered Fish | Wheat | Fish | Milk | Lactose (Milk) | | |
| Quorn Sausage Hot Dog | Wheat | Barley | Eggs | Milk | Lactose (Milk) | |
| Jacket Potato | | | | | | |
| Cheese | Milk | | | | | |
| Ice Cream | Milk | Lactose (Milk) | | | | |
| Fruit | | | | | | |

