

Allergens List

WEEK 2

Monday

Spaghetti Bolognese	Wheat	Milk	Lactose (milk)	Ground Sesame Powder	Other Sesame			
Garlic Bread	Wheat	Milk	Lactose (milk)	Ground Sesame Powder	Sesame Oil	Other Sesame		
Quorn Bolognese	Wheat	Eggs						
Jacket Potato								
Cheese	Milk							
Marbled Sponge and Custard	Wheat	Eggs	Milk	Lactose milk	Other Milk	Possible Trace of Peanuts		
Fruit								

Tuesday

Oven Baked Breaded Chicken	Wheat	Eggs						
Spanish Omelette	Eggs	Lactose (Milk)	Lactose (milk)					
Garlic Bread	Wheat	Milk	Lactose (milk)	Sesame Oil	Ground sesame powder	Other Sesame		
Jacket Potato								
Cheese	Milk							
Butterscotch Tart	Wheat	Eggs	Milk	Lactose (Milk)				
Fruit								

Wednesday

Roast Gammon and Veg								
Vegetable Catherine Wheels	Wheat	Eggs						
Gravy	Eggs	Milk	Lactose (Milk)	Mustard Flour	Other Mustard	Sulphites		
Jacket Potato								
Cheese	Milk							
Apple Crumble and Custard	Wheat	Eggs	Soya (Flour)	Other Soya-Beans	Milk	Lactose (Milk)		
Fruit								

Thursday

Chicken Fajitas	Wheat	Other Soya Beans	Milk	Other Celery	Other Mustard	Other Sulphites		
Vegetable Fajitas	Wheat	Other Soya Beans	Milk	Other Celery	Other Mustard	Other Sulphites		
Jacket Potato								
Cheese	Milk							
Shortbread Biscuit	Wheat	Milk	Lactose (Milk)					
Fruit								

Friday

Fish Fingers	Wheat	Fish	Milk	Lactose (Milk)				
Sweetcorn Fritters	Wheat	Eggs	Milk	Lactose (Milk)				
Jacket Potato								
Cheese	Milk							
Ice Cream	Milk	Lactose (Milk)						
Fruit								