

Allergens List

WEEK 1

Monday

Pepperoni Pitta Pizza	Wheat	Soya (flour)	Milk	Lactose (milk)	Other Soya			
Roast Spring Vegetable Pizza	Wheat	Soya (flour)	Milk	Lactose (milk)	Other Soya			
Jacket Potato								
Cheese	Milk							
Caramel Brownie	Wheat	Eggs	Other Milk					
Fruit								

Tuesday

Meatballs in Tomato Sauce & pasta	Wheat	Eggs	Soya Potein	Other Soya	Milk	Celery Oil	Mustard Seeds	Other Mustard
Mac and Cheese	Wheat	Milk	Lactose (milk)					
Garlic Bread	Wheat	Milk	Lactose (milk)	Sesame Oil	Ground sesame powder	Other Sesame		
Jacket Potato								
Cheese	Milk							
Carrot Cake	Wheat	Barley	Eggs	Soya (Flour)	Other Soya-beans	Milk	Lactose (Milk)	Other Milk
Fruit								

Wednesday

Roast Chicken and Veg								
Quorn Sausage Roast and Veg	Wheat	Eggs	Milk	Lactose (Milk)				
Gravy	Eggs	Milk	Lactose (Milk)	Mustard Flour	Other Mustard	Sulphites		
Jacket Potato								
Cheese	Milk							
Syrup Sponge	Wheat	Eggs	Lactose (Milk)	Other Milk				
Custard	Wheat	Eggs	Soya (Flour)	Other Soya-Beans				
Fruit								

Thursday

Pork Sausages	Wheat	Soya (Flour)	Other Soya-bear	Sulphites				
Mashed Potato	Milk	Lactose (Milk)						
Courgette and Butternut Squash Spaghetti	Wheat							
Jacket Potato								
Cheese	Milk							
Traffic Light Jelly								
Fruit								

Friday

Battered Fillet of Fish	Wheat	Fish Cod	Fish Stock	Milk	Lactose (Milk)			
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Vegetable Fingers with Chips	Wheat	Eggs	Milk	Ground Sesame Powder	Breadcrumbs Gluten			
Jacket Potato								
Cheese	Milk							
Ice Cream	Milk							
Fruit								